

Hampton Parks, Recreation & Leisure Services  
Athletic Division

2016 Adult Spring Softball Information

**OFFICIAL RULES:** NSA and HPR & LS Rules and Regulations

**TEAM ROSTERS MAXIMUMS:** Men & Women **20** players, Co-Ed **35** players

**EQUIPMENT:** Women will use an 11" optic (**yellow**) softball with a maximum C.O.R. of .52. Men will use a 12" optic (**yellow**) softball with a maximum C.O.R. of .52. **Maximum Compression is 275 pounds.** Co-ed will use both a 12" and an 11" ball for male and female players respectively. All balls must have the NSA stamp. All bats must have the 2012 NSA stamp.

**ROSTERS:** All rosters must be turned in by 4:00 p.m. on Friday, March 25, 2016 at the Athletic Office located in Air Power Park on 413 West Mercury Blvd. Scheduled games will be forfeited until roster is turned in to the Athletic Division.

**ENTRY FEE & REGISTRATION:** The entry fee for the 2016 Spring League is **\$450.00 (made payable to: City of Hampton)** per team. There is a **\$25.00 NSA Sanction fee due at the manager's meeting.**

**Registration will be held at the Athletic Office first come first serve basis February 15 – February 26, 2016 from 8:30 a.m. – 4:00 p.m.**

All leagues will play double headers for the regular season. Each league will play one night a week. Games will be 55mins.

**MANDATORY MANAGER'S MEETING:** 6:00 p.m. March 16, 2015 at 1453-A Todds Lane inside the Northampton Community Center.

**SCHEDULES:** Will be available for pick up March 21 – March 25, 2016 between the hours of 8:30 a.m. – 4:00 p.m. at the Athletic Office or online at [www.hampton.gov/athletics](http://www.hampton.gov/athletics).

**TENTATIVE DATES:**

- Practice begins March 22, 2016. Please call the Athletic Office to reserve practice time on March 21, 2016. Must have had a team representative attend managers meeting to get practice times.
- Regular Season begins April 4, 2016.

Athletic Office: 726-8750 or 726-8751

Fax: 726-8752

Email: [derocke.croom@hampton.gov](mailto:derocke.croom@hampton.gov) or [ryan.leander@hampton.gov](mailto:ryan.leander@hampton.gov)

<http://www.hampton.gov/athletics>

\*Information and dates subject to change